

# SandBar Restaurant & Marina Menu

## SandBar Starters

<i>Fried Ravioli</i> .....\$7.99	<i>Chicken Wings (21 flavors)</i> .....\$7.99
<i>Bayou Blackened Shrimp</i> .....\$9.99	<i>Chicken Tenders</i> .....\$7.99
<i>Coconut Shrimp</i> .....\$9.99	<i>Spinach Artichoke Dip</i> .....\$7.99
<i>Shrimp Cocktail</i> .....\$9.99	<i>Loaded Potato Boats</i> .....\$6.99
<i>Fried Calamari</i> .....\$9.99	<i>Nachos Supreme</i> .....\$9.99
<i>Jalapeno Poppers</i> .....\$6.99	<i>Mozzarella Sticks</i> .....\$5.99
<i>Battered Mushrooms</i> .....\$5.99	<i>Loaded Curly Fries</i> .....\$4.99
<i>Onion Rings</i> .....\$5.99	<i>Peel &amp; Eat Shrimp</i> .....\$9.99
<i>Sand Bar Trio Supreme</i>	<i>Steamers (seasonal)</i> .....\$9.99
<i>Sampler Platter (any 3) for \$18.99</i>	<i>Crab Cakes</i> .....\$9.99

## Specialty Soups and Salads

	<u>Cup</u>	<u>Bowl</u>
<i>French Onion Soup</i>	\$2.99	\$3.99
<i>Soup Du Jour</i>	\$2.99	\$3.99
<i>Homemade Chili</i>	\$2.99	\$3.99

*Homemade chili topped with melted cheddar cheese!*



**House Salad or Caesar Salad \$2.99**

***Chef's Salad* \$9.99**

*A large house salad topped with sliced turkey, roast beef, ham and cheddar jack cheese blend!*

***Antipasto Salad* \$9.99**

*A large house salad topped with sliced turkey, salami, ham, pepperoni and mozzarella cheese!*

***Fried Calamari Caesar Salad* \$10.99**

*A large Caesar salad topped with lightly fried Calamari!*

***Greek Chicken Salad* \$9.99**

*Lettuce, tomato, onion, sliced olives, croutons, feta cheese, and chicken, served with a Greek Feta cheese dressing and pita pockets!*

***Crispy Buffalo Chicken Salad* \$9.99**

*A large house salad topped with Crispy Buffalo Chicken Strips and topped with cheddar jack cheese!*

***Grilled Chicken Caesar Salad* \$9.99**

*Our Caesar salad topped with fresh grilled chicken breast!*

***Sand Island Steak Salad* \$11.99**

*Our marinated steak grilled to your liking and served sliced over a mound of our Caesar Salad with crumbled gorgonzola cheese!*

*Dressing Choices: House Ranch, Blue Cheese, Russian, Italian, Balsamic, Pepper Parmesan Caesar, Oil and Vinegar*

## Burgers

- *Burger* 8oz. Served with lettuce, tomato, fries & pickle.....\$7.99
  - *Bacon Cheese Burger* 8oz. of our certified angus ground beef, your choice of cheese...\$8.99
  - *Black & Blue Burger* topped with melted blue cheese crumbles & cajun spices.....\$8.99
  - *Cajun Burger* cajun spiced and grilled to your liking, topped with melted cheddar cheese.....\$8.99
  - *Baja BBQ Burger* BBQ Sauce; topped with hickory bacon and melted provolone cheese...\$8.99
  - *Supreme Burger* mushrooms, onions, hickory bacon, melted Swiss and Provolone cheeses.\$8.99
- ♦ Add any Cheese or topping to your burger for an extra 75 cents per Item! Cheeses: American, Swiss, Provolone, Cheddar, Blue Cheese Crumbles

## Wraps

*Buffalo Chicken*.....\$8.99  
Breaded Chicken breast, lettuce, tomato, celery, and blue cheese dressing rolled in a garlic herb tortilla!

*Ranch Chicken & Bacon*.....\$8.99  
Diced Chicken, Bacon, lettuce, tomato, and ranch dressing rolled in a garlic herb tortilla!

*Chicken Caesar*.....\$8.99  
Chicken breast diced and combined with our caesar salad rolled in a garlic herb tortilla!

## Hot Grinders & Subs

*Hot Grinder or Sub*.....\$8.99  
Meats: Turkey, Roast Beef, Ham, Salami, or Pastrami!  
Cheeses: American, Swiss, Provolone, Mozzarella, Cheddar Jack!

*Chicken Parmesan Grinder*.....\$8.99  
Breaded chicken topped with marinara and mozzarella!

*Meatball Grinder*.....\$8.99  
Meatballs topped with marinara and mozzarella!

*Italian Mix Grinder or Sub*.....\$8.99  
Salami, Ham, Pepperoni, and provolone cheese!

## Sandwiches

*Philly Cheese*.....\$8.99  
Sautéed roast beef, onions, mushrooms, green peppers, and provolone cheese on a toasted foot long hoagie roll with mayo!

*Monte Cristo*.....\$8.99  
Turkey, ham, and russian dressing between two pieces of french toast topped with melted Swiss cheese and drizzled with melba sauce!

*Grilled Ruben*.....\$8.99  
Thinly sliced corned beef, sauerkraut, and russian dressing served over marble rye toast with melted swiss cheese!

*Chicken Cordon Bleu*.....\$8.99  
Grilled Chicken topped with sliced ham and swiss cheese; served on a kaiser roll with lettuce, tomato and side of mayo!

*Yacht Club Sandwiches*.....\$7.99  
Your choice of Turkey, Ham, or Roast Beef and choice of bread served with mayo, bacon, lettuce, and tomato!

*BBQ Roast Beef Bacon Melt*....\$8.99  
Sautéed Roast Beef combined with Bacon and BBQ sauce; served open faced over white bread with melted swiss cheese!

(All sandwiches, grinders, subs, & wraps served with macaroni salad & pickle!)

**Sides: Deli Salad, Onion Rings,  
Curly Fries, Steak Fries, Cheese Sauce & Gravy. Add to any sandwich meal \$1.99!**

## Lake Entrees'

### Pasta Dishes

- Blushing Chicken & Shrimp Tortellini** **\$14.99**  
*Chicken and Shrimp served in a marinara alfredo sauce  
with tortellini pasta and side of garlic bread!*
- Linguini and Meatballs** **\$9.99**  
*Homemade meatballs served over linguini pasta with  
marinara sauce and garlic bread!*
- Blackened Chicken Vodka Rigatoni** **\$13.99**  
*Cajun blackened chicken served in a pink vodka cream sauce  
with rigatoni pasta and garlic bread!*
- Chicken Parmesan** **\$12.99**  
*Hand breaded chicken topped with marinara sauce and mozzarella cheese over  
linguini pasta, served with garlic bread!*

### From the Sea

- Beer Battered Fish and Chips** **\$10.99**  
*Beer Battered Haddock served with seasoned steak fries and fresh vegetables  
served with cocktail and tartar sauce!*
- Jumbo Shrimp Scampi** **\$12.99**  
*Seven Jumbo Shrimp Scampi placed over white rice  
and served with fresh vegetables!*
- Seafood Stuffed Sole** **\$12.99**  
*Filet of sole stuffed with seafood stuffing and served with choice of potato, vegetables  
and sides of cocktail and tartar sauce!*
- Butterfly Coconut Shrimp** **\$14.99**  
*Six coconut shrimp served with potato & vegetables!*

### From the Grill

- Scout Island Open Face Steak Sandwich (top seller)** **\$12.99**  
*8oz. NY Strip Steak grilled and placed over garlic toast; topped with roasted garlic aioli sauce  
and onion rings. Served with seasoned steak fries & vegetables!*
- New York Strip Steak** **\$16.99**  
*A marinated 16oz NY Strip Steak grilled to your liking, served with baked potato & vegetables!*
- St. Louis Mesquite Baby Back Ribs** **\$14.99**  
*A full rack of St. Louis style pork baby back ribs seasoned with mesquite and brushed with BBQ  
sauce; grilled over an open flame and served with choice of potato!*
- Mussels Harbor Chicken** **\$11.99**  
*Grilled Chicken breast topped with homemade BBQ sauce, roasted red peppers and melted cheddar  
cheese; served with choice of potato & vegetables!*

*Add bread sticks and a cup of soup or salad to your entrée for an extra \$2.99)  
(Potato choices include: Baked, Mashed, White Rice, Curly Fries, or Seasoned Steak Fries)*

## ***Boaters Daily Special's***



### **Appetizers**

*Steamers \$9.99*

*Peel & Eat Shrimp \$9.99*

*Crab Cakes \$9.99*



### **Fried Seafood Baskets**

*Fish & Chips \$9.99*

*Shrimp & Fish \$10.99*

*Popcorn Shrimp \$9.99*

*Served with macaroni salad & fries, your choice of cocktail or tartar sauce.*

### **Sandwich**

*Crab Cake Sandwich \$11.99*

*Served with macaroni salad & fries.*

### **Steamed Seafood Buckets**

*Sand Bar Crab Bucket \$20.99*

*Snow Crab, Shrimp, Potatoes, Corn on the Cob & Sausage  
Lightly seasoned with Old Bay*

*Sand Bar Steam Bucket \$23.99*

*Dungeness Crab, Snow Crab, Shrimp, Potatoes, Corn on the Cob & Sausage  
Lightly seasoned with Old Bay*

*Mixed Steam Bucket \$26.99*

*Steamers, Dungeness Crab, Snow Crab, Shrimp, Potatoes, Corn on the Cob & Sausage  
Lightly seasoned with Old Bay*

**Enjoy with one of our 16 Beers on Tap or one of our Frozen Drinks!!!**



## *SandBar Drink Menu*

*Cool Off With One Of Our Giant Frozen Drinks From The Blender !*

**Frozen Drinks: served in 22oz glass \$7.99**

- |                                 |                            |
|---------------------------------|----------------------------|
| Pina Colada                     | Frozen Strawberry Daiquiri |
| Frozen Margarita                | Frozen Creamsicle          |
| Swirl (Colada & Strawberry Mix) | Frozen MudSlide            |

**Sand Bar Specialties: \$6.00**

Lake Island Iced Tea, Rum Runner, Lynchburg Lemonade -made with Jack Daniel's

**Domestic Bottle's: \$3.50**

- Bud Light
- Coors Light



- Bud Light Lime
- Landshark

**Import Bottles: \$4.00**

- Molson Canadian
- Corona Light
- Becks
- Amstel Light
- Dos Equis XX



- Corona
- Sam Adams
- Smirnoff ICE
- Twisted Tea

**Drafts: (16 Flavors)**

- Blue Moon
- Guinness
- Magic Hat #9
- Michelob Amber Bock
- Saranac Pale Ale
- ShockTop
- American Pale Ale
- Sierra Nevada



- Budweiser
- Bud Light
- Heineken
- Labatt Blue
- Coors Light
- Miller Light
- Brooklyn Ale
- Summer Seasonal

**Cans: \$3.00**

Bud, Bud Light, Blue, Blue Light, Ultra, Michelob Light, Genny, Genny Light, Heineken, Heineken Light, Miller Light, (NA - O'Doul's)

**Wines by the glass \$4.00**

Chardonnay, Merlot, Shiraz, White Zinfandel, Riesling, Pinot Grigio



## Little Mariners



<i>Chicken Parmesan</i> <i>Served with linguini pasta and garlic bread!</i>	\$5.99
<i>Turkey Dinner</i> <i>Served with turkey, gravy, fries, and vegetable!</i>	\$5.99
<i>Fried Haddock Dinner</i> <i>Served with fries, tartar sauce and lemon wedge!</i>	\$5.99
<i>Chicken Tenders</i> <i>Served with fries and homemade BBQ sauce for dipping</i>	\$4.99
<i>Cheese Burger</i> <i>Served on a toasted bun with fries and a pickle!</i>	\$4.99
<i>Spaghetti &amp; Meatballs</i> <i>Served with bread and meatballs!</i>	\$4.99
<i>Hot Dog</i> <i>Served on a hot dog roll with fries and a pickle!</i>	\$3.99
<i>Macaroni &amp; Cheese</i> <i>Served with bread &amp; butter!</i>	\$3.99



## Desserts

<b><i>Chocolate Lovin Spoon Cake</i></b> <i>Chocolate pudding placed between two layers of moist chocolate cake drizzled with chocolate sauce and whipped cream!</i>	<b>\$4.99</b>
<b><i>Supreme Cheesecake</i></b> <i>Classic Supreme cheesecake topped with strawberries and whipped cream!</i>	<b>\$4.99</b>
<b><i>Hot Fudge Sundae</i></b> <i>Vanilla ice cream drizzled with chocolate syrup and topped with whipped cream and a cherry!</i>	<b>\$3.99</b>
<b><i>Dish of Ice Cream</i></b> <i>Choice of Chocolate, Vanilla or Strawberry ice cream topped with whipped cream!</i>	<b>\$1.99</b>



**\*\*\*Check out our Specialty Coffee & Cappuccino Menu\*\*\***

